



How to Host a Healing Circle



Reflections

How are the agreements useful?

Which agreement will be the easiest/most challenging for you to follow?

What's the difference between a host and a guardian?

What makes you feel welcome in a physical and a virtual circle?

How do you connect with your heart?

What does “inner guidance” mean to you?

What's the purpose of harvesting? What do you need to consider when you design harvesting questions?

What are the hallmarks and value of a good question?

What's the importance of closing a circle?

**What's your relationship to serving, helping,
and fixing?**

What are the most important themes you gleaned while watching the “What makes a circle healing” video?

What makes a circle healing for you?